



Friskis Aberdeen

Class List 2024

Day	Time	Class	Location
Mon	9.45am	Soft Special	Cairncry Community Centre, AB16 5HL
	11.00am	Soft Special	Cairncry Community Centre, AB16 5HL
	6.00pm	Jympa	Inchgarth Community Centre, AB10 7DR
	6.45pm	Coreflex	The Axis Centre, Newmachar *AB21 OWD

Tue	10.00am	Soft Special	Ruthrieston Community Centre** AB10 7LL
	10:00am	Jympa Soft	Fochabers Institute, IV32 7EP
	1.45pm	Dans	The Axis Centre, Newmachar * AB21 OWD
	6.00pm	Jympa	Cults Sports Complex, AB15 9TP
	6.15pm	Jympa	Cairncry Community Centre, AB16 5HL

Wed	9.30am	Jympa Soft	Longmore Hall, Keith, AB55 5HA
	6.00pm	Jympa	Inchgarth Community Centre, AB10 7DR
	7.00pm	Multifys Circuits	Aberdeen Squash & Racketball Club, AB10 7ND

Thur	6.00pm	Jympa	Cults Sports Complex, AB15 9TP
	10:00am	Jympa Soft	Longmore Hall Keith, AB55 5HA

Fri	9.45am	Soft Special	Cairncry Community Centre, AB16 5HL
	11.00am	Soft Special	Cairncry Community Centre, AB16 5HL

Sat	10.00am	Jympa	Cults Sports Complex, AB15 9TP
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Valid from 6 January 2024

Classes are Drop in & Pay as you Go

(Except those marked *and **)

*Booking via Gymcatch or via The Axis Centre, Tel 01651 869398

** Contact Ruthrieston Community Centre, Tel 01224 572211

Keep In Touch



www.friskissvettis.co.uk/Aberdeen



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Friskis & Svettis